



PSALMS

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PRAISE ON FIRE!

The Desperation That Detoxes and Delivers Revival!

Psalm 42: 1-11

July 14, 2019



Psalm 42: 1-2 NIV

- *As the deer pants for streams of water,
so my soul pants for you, my God.*
- ² My soul thirsts for God, for the living
God. When can I go and meet with
God?*



The Desperation That Detoxes and Delivers Revival!

Psalm 42: 1-11 The Passion Translation

Book 2: The Exodus Psalms—42-72

Psalms of suffering and redemption

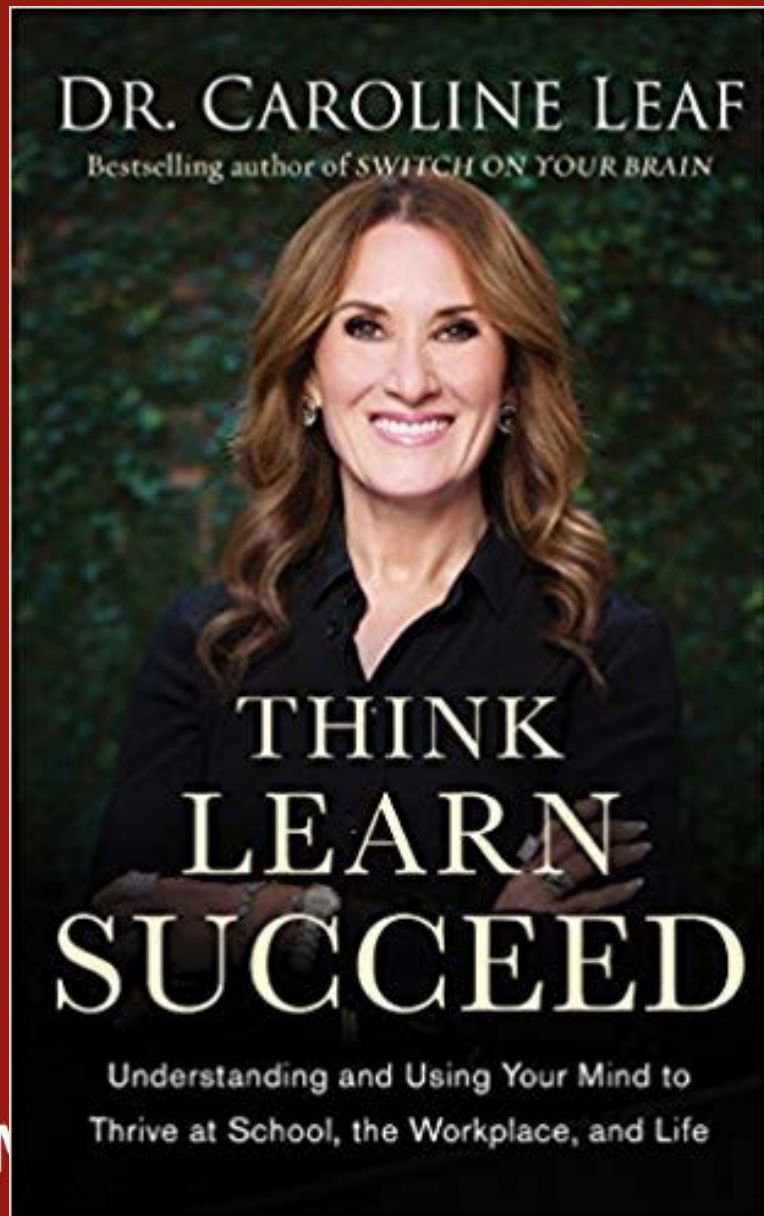
A Cry for Revival , For the Pure and Shining One

A contemplative poem for instruction,

by the prophetic singers of Korah's clan



HOW TO DETOX YOUR BRAIN* and BE REVIVED!



- PHD, Cognitive Neuroscientist
- How to Detox Your Brain



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- **1. GATHER AWARENESS/MINDFULNESS of Your Need.**
- **A. CRAVE the MANIFEST PRESENCE of the LORD!**
- *¹ I long to drink of you, O God, drinking deeply from the streams of pleasure flowing from **your presence**. My longings overwhelm me for **more of you!** ² My soul thirsts, pants, and longs for the living God. I want to come and see the face of God.*



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 1. GATHER AWARENESS/MINDFULNESS of Your Need.
- A. CRAVE the MANIFEST PRESENCE of the LORD!
- ³ *Day and night my tears keep falling and my heart keeps crying for your help while my enemies mock me over and over, saying, “Where is this God of yours? Why doesn’t he help you?””*
- See Romans 3:11, John 6:44, Matthew 5:6, Is. 55:1-3



HUNGER AND THIRST FOR GOD – Prayer Meetings ... Awareness of God!

**DUNCAN
CAMPBELL
THE LEWIS
REVIVAL**



**Isle of Lewis,
Scotland,
1949**

**The Hebrides
Revival**



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- **1. GATHER AWARENESS/MINDFULNESS of Your Need.**
- **A. CRAVE the MANIFEST PRESENCE of the LORD!**
- **B. SPEAK OUT the TOXIC/HURTFUL Thought Patterns in You. See Psalm 139:23**



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- **1. GATHER AWARENESS/MINDFULNESS of Your Need.**
- **B. SPEAK OUT the TOXIC/HURTFUL Thought Patterns in You. See Psalm 139:23**
- *Psalm 42:4a So I speak over my **heartbroken** soul, “**Take courage**. Remember when you used to be right out front leading the procession of praise when the great crowd of worshipers gathered to go into the presence of the Lord?*



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 1. GATHER AWARENESS/MINDFULNESS of Your Need.
- B. SPEAK OUT the TOXIC/HURTFUL Thought Patterns in You. See Psalm 139:23
- Psalm 42:4b-5a *You shouted with joy as the sound of passionate celebration filled the air and the joyous multitude of lovers honored the festival of the Lord!”*
*⁵ So then, my soul, why would you be **depressed?** Why would you sink into **despair?***



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 - **“ASK, ANSWER, DISCUSS ... Write” Dr. Leaf**



LIFE BY THE SPIRIT

Galatians 5

LOVE

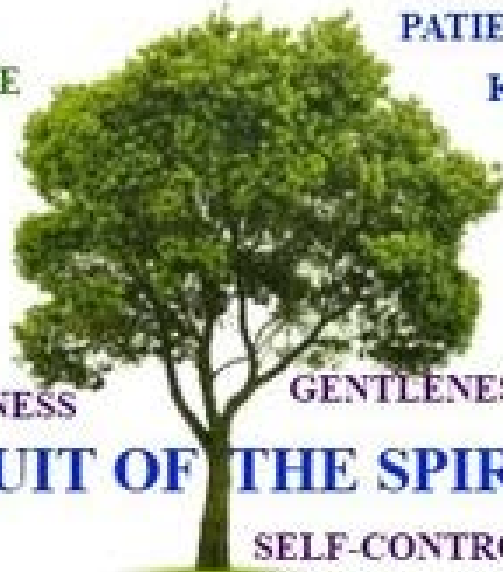
PEACE

JOY

PATIENCE

KINDNESS

GOODNESS



FAITHFULNESS

GENTLENESS

FRUIT OF THE SPIRIT

SELF-CONTROL

22 But the fruit of the Spirit is
love, joy, peace,
patience, kindness, goodness,
faithfulness,
23 gentleness and self-control.
Against such things there is no law.

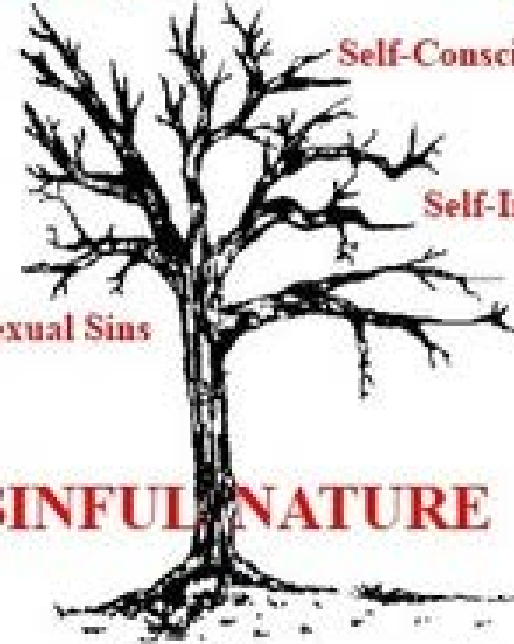
Toxic Thinking

Idolatry

Self-Consciousness

Self-Indulgence

Sexual Sins



SINFUL NATURE

19 The acts of the sinful nature are obvious:
sexual immorality, impurity and debauchery;
20 idolatry and witchcraft;
hatred, discord, jealousy, fits of rage,
selfish ambition, dissensions, factions
21 and envy;
drunkenness, orgies, and the like.

Galatians 6:8

**The one who sows to please his sinful nature, from that nature will reap destruction;
the one who sows to please the Spirit, from the Spirit will reap eternal life.**

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- **1. GATHER AWARENESS/MINDFULNESS of Your Need.**
- **A. CRAVE the MANIFEST PRESENCE of the LORD!**
- **B. SPEAK OUT the TOXIC/HURTFUL Thought Patterns in You. See Psalm 139:23**
- **C. Identify the Toxic ROOTS/Strongholds – Rev. Rick Bonfim**
 - **REJECTION, REBELLION,**
 - **BITTERNESS, UNFORGIVENESS**



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 1. GATHER AWARENESS/MINDFULNESS of Your Need.
- 2. RECONCEPTUALIZE the Big PICTURE
 - CHRISTLIKENESS! Gal. 5:22-23, Ephesians 4:12-14
 - A. Get Out of Guilt, Shame, Blame, Condemnation , Romans 8:1-2, 2 Cor. 5:17
 - B. Make This a CELEBRATION!



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 1. GATHER AWARENESS/MINDFULNESS of Your Need.
- 2. RECONCEPTUALIZE the Big PICTURE
- 3. REDESIGN Your THOUGHT PATTERN and ACT on It.
 - What should I be thinking and doing?
Neuroplasticity ... Dr. Daniel Amen, Conclusion of 84,000 brain scans



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- **3. REDESIGN Your THOUGHT PATTERN and ACT on It. What should I be thinking and doing?**
- *Just keep hoping and waiting on God, your Savior. For no matter what, I will still sing with praise, for living before his face is my saving grace!*
- *⁶ Here I am depressed and downcast. Yet I will still remember you as I ponder the place where your glory streams down from the mighty mountaintops, lofty and majestic—the mountains of your awesome presence.*



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 4. **ACT** on These New Thought Patterns; don't **DENATURE**. (21 Days!)
- **Denaturation** is the alteration of a protein shape through some form of external stress in such a way that it will no longer be able to carry out its cellular **function**.
- Toxic thoughts (fear instead of love) create **denaturation** in the brain and cause brain damage!



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 4. **ACT on These New Thought Patterns; don't DENATURE.**
- *⁷ My deep need calls out to the deep kindness of your love. Your waterfall of weeping sent waves of sorrow over my soul, carrying me away, cascading over me like a thundering cataract. ⁸ Yet all day long God's promises of love pour over me. Through the night I sing his songs, for my prayer to God has become my life.*



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 4. **ACT** on These New Thought Patterns; don't **DENATURE**.

⁹ I will say to God, "You are my mountain of strength; how could you forget me? Why must I suffer this vile oppression of my enemies—these heartless tormentors who are out to kill me?" ¹⁰ Their wounding words pierce my heart over and over while they say, "Where is this God of yours?" See Romans 10:17.

- "Don't deny the diagnosis, but DEFY the VERDICT!"



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- 5. **REPEAT DAILY** for **63** Days.
 - SPEAK **LIFE!** **HOPE!**
- ¹¹ *So I say to my soul, “Don’t be discouraged. Don’t be disturbed. For I know my God **will break through for me.**” Then I’ll have plenty of reasons to praise him all over again. Yes, living before his face is my saving grace!*



HOW TO DETOX YOUR BRAIN* and BE REVIVED!

- **NEXT STEP:**

- Start this process **TODAY!**

- **16 minutes a day.**

- Paul: 2 Cor. 10:5, 2 Tim. 1:7, Rom. 12:2





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